

## Kokushi NJ LLC

Juniors Knowledge Rank Test  
(next belt includes knowledge from prior belt)

### YELLOW BELT (5 KYU)

#### Nage Waza:

- 39 Ippon Seoi Nage
- 66 Harai Goshi
- 78 Osoto Gari

#### Osae Komi Waza:

- 160 Hon Kes Gatame
- 166 Yoko Shiho Gatame
- 169 Kami Shiho Gatame

#### Turnovers to Pinning:

- 238 Knee and Sleeve

#### Defensive Skills:

- Judo Rolls (right and left)
- Break Falls (backwards and forwards)

#### Terminology:

- Sensei
- 266 Hajime
- 266 Mate
- Rei

### ORANGE BELT (4 KYU)

#### Nage Waza:

- 80 Ouchi Gari
- 43 Tai Otoshi
- 73 Deashi Barai
- 35 Seoi Nage (Morote)

#### Osae Komi Waza:

- 165 Kata Gatame
- 172 Tate Shiho Gatame

#### Turnovers to Pinning:

- 239 Hold his Arm

#### Defensive Skills:

- Break Falls (right and left)

#### Terminology:

- Dojo
- Kiai
- Gi
- Osae Komi

### GREEN BELT (3 KYU)

#### Nage Waza:

- 60 Ogoshi
- 61 Koshi Garuma
- 75 Hiza Garuma
- 84 Kosoto Gari
- 86 Kouchi Gari
- 53 Seoi Otoshi

#### Osae Komi Waza:

- 162 Kuzure Kesa Gatame
- 163 Ushiro Kesa Gatame

#### Turnovers to Pinning:

- 241 Holding belt and hooking arm
- 243 Holding his knee pants

#### Terminology:

- 267 Toketa
- 266 Koka
- 266 Yuko
- 266 Waza Ari
- 266 Ippon

**Student:** \_\_\_\_\_

**Date:** \_\_\_\_\_

### Blue Belt (2 KYU)

#### Nage Waza:

- 62 Tsuru Komi Goshi
- 64 Sode Tsuru Komi Goshi
- 70 Utsuri Goshi
- 69 Hane Goshi
- 90 Uchi Mata
- 107 Tomoe Nage
- 46 Kata Garuma

#### Osae Komi Waza:

- 170 Kuzure Kami Shiho Gatame
- 166 Yoko Shiho Gatame... variations

#### Renraku Waza:

- 137 Kouchi Gari to Ippon Seo Nage
- 135 Uchimata to Kouchi Gari

#### Turnovers to Pinning:

- 241 Hold his Arm and Leg

#### 266 Terminology:

- Shido
- Hansoku Make
- Maitta

### Purple (1 KYU)

#### Nage Waza:

- 120 Soto Maki Komi
- 132 Harai Maki Komi
- 119 Hane Maki Komi
- 256 Kibisu Gaeshi
- Te Garuma

#### Renraku Waza:

- 142 Kouchi Gari to Ouchi Gari
- 139 Uchimata to Tai Otoshi
- 135 Uchi Mata to Kouchi Gari
- 136 Uchi Mata to Ouchi Gari

#### Renraku Waza:

- 144 Ochi Gari to Uchi Mata
- 137 Kouchi Gari to Ippon Seo Nage

- 142 Ouchi Gari to Kouchi Gari

### BROWN BELT (2 KYU)

- 5 Points from promotional tournaments or participate 2 times
- 9 techniques from Nage No Kata

### BROWN BELT (1 KYU)

- 3 Points from promotional tournaments and two years in grade
- 6 Points from promotional tournaments and one year in grade
- 7 Points from promotional tournaments

Complete Demonstration of Nage No Kata

### BLACK BELT (Sho Dan)

In accordance with USJF and Kodokan standards